



Class Schedule of Foundation Course for 1st year Students (2025 – Admission)

Date	09.00 am to 10.00 am	10.00 am to 11.00 am	11.00 am to 12.00 pm	12.00 pm to 01.00 pm	01.00 pm to 02.00 pm	02.00 pm to 03.00 pm	03.00 pm to 04.00 pm	04.00 pm to 05.00 pm
22-09-2025 (Monday)	Registration:	Orientation: Inaugural address and welcome: by The Principal Introduction to the MBBS programme: Faculties will give a brief introduction of departments	Demonstrate understanding of the rules and regulations of the institution Prof. (Dr.) Gautam Banerjee	Demonstrate understanding of the structure and functioning of the community health care Dr. Jayeeta Burman from CM	Lunch	Orientation to sports and extracurricular activities: Dr. Krishna Laskar	Orientation : Alternative health systems: HMO, Dept. of Homeopathic Dr. Ajoy Kumar Jana	Sports activity— students will give preferences for sports activities and form small groups Dr. Hiranmay Mondal & Mr. Abhisek Dwari
23-09-2025 (Tuesday)	Computers orientation: class: Mr. Tapas Kanrar	Orientation : Mentorship programme : Introduction to mentorship programme Defining roles and responsibilities of Mentor and mentee. by Dr. Krishna Laskar	Orientation : Introduction to CBME and its implications for students. Prof. (Dr.) Banani Kundu	Orientation : Importance of vaccination including post exposure prophylaxis and Immunization requirements of Health care professionals : Prof. Prasanta Ray Karmakar	Lunch	Sensitization on ragging and its consequences. Co ordination by: member anti-ragging committee Dr. Madhumita Datta	Orientation : Curriculum, assessments, university examinations and eligibility: Prof. (Dr.) Gautam Banerjee	Sports 4-5 pm supervised by Faculty

16/09/25

MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

16/09/25

Principal
Sarat Chandra Chattopadhyay Government
Medical College and Hospital
Uluberia Howrah

24-09-2025 (Wednesday)	Skills module 1: Basic life support: students will observe and participate in this activity. Dept of Anesthesiology Prof. (Dr.) Suchismita Mallick, Dr. Priti Banerjee & Dr. Debojyoti Mukherjee	Orientation : Occupational hazards eg- needle stick injuries Dr. Paramita Das	Language enhancement: English Introduction, importance and Official letter writing, email Communication on electronic media; do's and don'ts Dr. Shibshankar Banerjee	Orientation : History of medicine: Dr. Kaushik Roy	Lunch	Professionalism : Personal identity; Who am I ? Why am I here ? An explorative session on Professionalism: Unethical and unprofessional behavior Dr. Madhumita Datta	Orientation : Visit to departments of teaching side: Divide into 4 batches of 25 hospital administration Mrs. Sonali Patra	Sports
25-09-2025 (Thursday)	Orientation : Medical records department, Introduction to ICD coding. Explanation of working and roles of different personnel: by Prof. (Dr.) Arunabha Tapadar	Enhancement : Writing medical records : History writing, different formats, POMR, making corrections , writing legibly , importance of signature and identification. Dept of Medicine Dr. Avishek Sarkar	Roles of an Indian Medical Graduate : Prof. (Dr.) Banani Kundu	Orientation : Important health policies and programme including new initiatives of NMC Dr. Soumalya Ray	Lunch	Orientation : Biomedical waste management Dr. Nazir Abdul Wasim	Computer skills: Cybercrime : legal use of media sources : how to avoid getting on the wrong side of the law? Mr. Tapas Kanrar	Sports
08-10-2025 (Wednesday)	Professionalism : What it means to be a globally relevant clinician: Prof. Dr. Goutam Banerjee	Concept of group dynamics and its importance in learning Students will be introduced to group dynamics. Use of interpersonal skills, SWOT analysis. Small exercises will be planned for 4 groups of 25 each. Group A: The group will develop a	Language enhancement: Common errors in English writing And	Skills modules 4: First aid in common situations at home and outside. Perform First Aid in a simulated environment	Lunch	Orientation : Introduction of AETCOM Module and what it means to the student Prof. (Dr.) Prasanta Ray Karmakar	Communication skill: breaking bad news role play Prof. (Dr.) Arunabha Tapadar & Dr. Krishna Laskar	Collaborative learning and it's importance in Medical Education Dr. Nazir Abdul Wasim

MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

Principal
Sarat Chandra Chattopadhyay Government
Medical College and Hospital
Uluberia, Howrah

		<p>model plan for reducing alcohol use in the city.</p> <p><u>Group B:</u> The group will have to develop a model hospital of 50 patient capacity.</p> <p><u>Group C:</u> The group will develop a plan for a picnic in the hills.</p> <p><u>Group D:</u> The group will develop a plan to improve doctor patient communication in the hospital</p> <p>Prof. (Dr.) Banani Kundu</p> <p>Dr. Krishna Laskar</p>	<p>basics of doctor patient communication</p> <p>Dr. Shibsankar Banerjee</p>	<p>(students will observe and participate in groups.)</p> <p>Dr. Asif Ayaz</p>				
09-10-2025 (Thursday)	<p>Computer skills: Relevant searches Students will be asked to enter medical search key words on their mobile phones and identify links that are useful. This activity will be done in groups. They will discuss the pros and cons of the information available..</p> <p>By Dr. Bikashendu Samui</p>	<p>Language and communication: Local language Bengali</p> <p>Dr. Kajari Mandal Patra</p>	<p>Professionalism : Excellence in health care ;the move towards evidence based medicine : Chairperson research committee</p> <p>Prof. (Dr.) Arunabha Tapadar</p>	<p>Skill module: Infection control in the workplace : use of protective gear in relation to latest guidelines Students will observe and participate in this activity.</p> <p>Dr. Soumyajyoti Kundu</p>	Lunch	<p>Skills module 3: Disaster management skills: Fire and earthquake evacuation drill. Students will observe and participate in this activity in groups. (roll no 1 to 50)</p> <p>Hospital administration and fire service</p> <p>Asst. Supdt. Mr. Nilanjan Pramanik</p>	<p>Skills module 3: Disaster management skills: Fire and earthquake evacuation drill. Students will observe and participate in this activity in groups. (roll no 51 to 100)</p> <p>Hospital administration and fire service</p> <p>Asst. Supdt. Mr. Nilanjan Pramanik</p>	Sports supervised by Faculty

MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

Session
16/9/25

Principal
Sarat Chandra Chattopadhyay Government
Medical College and Hospital
Uluberia Howrah

10-10-2025 (Friday)		Skills module : Learning by simulation and self directed learning. Faculty from MEU Dr. Sarmila Nath	How to make good presentations Prof. (Dr.) Banani Kundu	Professionalism : Ethics in medical research Dr. Madhumita Datta	Lunch	Professionalism : What it needs to prepare to be a lifelong learner ? Invited faculty from reputed institute. Dr. Shibsankar Banerjee	Computer skills : Medical records in online format. What students should know ? Quality Manager Mrs. Sonali Patra	Sports supervised by member, sports committee
11-10-2025 (Saturday)	Community Orientation Module: Interactions with patients and families, Communities. Visit to urban health centre Dept. of Community Medicine	Community Orientation Module: Interactions with patients and families, Communities. Visit to urban health centre Dept. of Community Medicine	Community Orientation Module: Interactions with patients and families, Communities. Dept. of Community Medicine	Sports				
13-10-2025 (Monday)	Computer Orientation: Mr. Tapas Kanrar	Skills modules : Communication skills: How to communicate in a variety of settings: Office, OT, mobile, with patients, with relatives Interactive discussion Dr. Abu Raihan Aktar	Professionalism : The dying patient breaking bad news Faculty of Anesthesia	Professionalism : Legal issues in medical practice Ethical dilemmas in medicine . Interactive case based discussion: Dr. Baishakhi Koley	Lunch	supervised by Faculties Professionalism : How much choice did students have in this system : Introduction to thinking about electives Designated member MEU/CC	Professionalism : Leadership and commitment to the profession By Principal Prof. (Dr.) Sanat Kumar Ghosh	Sports

MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

Sl. No. 1619/25

Principal
Sarat Chandra Chattopadhyay Government Medical College and Hospital
Uluberia, Howrah

						Dr. Sarmila Nath		
14-10-2025 (Tuesday)	What does it mean to be a doctor? Orientation class Prof. (Dr.) Ranjana Bandyopadhyay	Skills modules : Records and documentation. Use of ICD. Dr. Sudipta Banerjee	Skills modules : Outcomes of doctor patient communication ; a range of attitudes ,beliefs , behaviors and roles Prof. (Dr.) Arunabha Tapadar	Extracurricular activity :dramatics and music Cultural committee	Lunch	Computer skills :Students will be given data which they will be asked to present on the power point. Discussion will be on the best mode or representation of data. Prof. (Dr.) Banani Kundu	Conclusion: Write reflections; what happened ? so what ? what next ? Feedback on foundation course Faculties of basic departments	Sports
15-10-2025 (Wednesday)	Skills module 1: Basic life support: students will observe and participate in this activity. Dept of Anesthesiology Prof. (Dr.) Suchismita Mallick, Dr. Ishita Saha & Dr. Debojyoti Makherjee	Skills module Learning skills: how to deal with information overload. planning to learn, revise and review. Identify what is important Dr. Sudipta Banerjee	Demonstrate understanding of the National health Goals and policies Dr. Jayeeta Burman	Orientation to curriculum: Prof. (Dr.) Goutam Banerjee	Lunch	Extracurricular activities Dr. Krishna Laskar	Skills Module: Universal precautions Biohazard and personal safety, concept of bio-care: Demonstrate appropriate response to needle stick injuries Dr. Priti Kumari	Sports

[Signature]
16/09/25
MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

[Signature]
16/09/25

Principal
Sarat Chandra Chattopadhyay Government
Medical College and Hospital
Uluberia, Howrah

16-10-2025 (Thursday)	Discuss the significance and methods of stress management and risk taking behavior. Dr. Abu Raihan Aktar	Skills modules : Biostatistics for beginners Dr. Soumalya Ray	Reflections on foundation course till date; what happened? So what? What next? Feedback on foundation course Faculies of basic departments	Demonstrate understanding of the structure and functioning of the community health center Dr. Nairita Dalui	Lunch	Concept of Professionalism and Ethics : Doctor-nurse professional relationship from nurses perspective and administrative work ethics : By Nursing Superintendent Mrs. Sujata Guchhait	Orientation: Visit to different departments and facilities of the hospital Mr. Nilanjan Pramanik and Mrs. Sonali Patra	
17-10-2025 (Friday)	Skills Module:: Biomedical . Waste management Dr. Nazir Abdul Wasim	Discuss the significance of working in a Health care Team Dr. Bibhas Banerjee	Demonstrate proper hand washing and use of personal protective equipment and pandemic related. like sanitization and social distancing: Prof. (Dr.) Poulami Nandi	Demonstrate ability for accessing online resources Dr. Soumalya Ray	Lunch	Discuss the significance in appropriate ways of Time Management Dr. Hironmoy Mondal	Discuss disability competencies and promotion of a more inclusive and patient centric approach to healthcare Prof. Arunabha Tapadar	
18-10-25 (Saturday)	Professional behavior and altruistic behavior Dr. Shibsankar Banerjee	Stress management and risk taking behavior. Understand the role of Yoga and meditation in personal health: Dr. Hironmoy Mondal	White Coat Ceremony					

MEU Co-ordinator
Sarat Chandra Chattopadhyay
Government Medical College & Hospital
Uluberia, Howrah

16/9/25

Principal
Sarat Chandra Chattopadhyay
Government Medical College and Hospital
Uluberia, Howrah